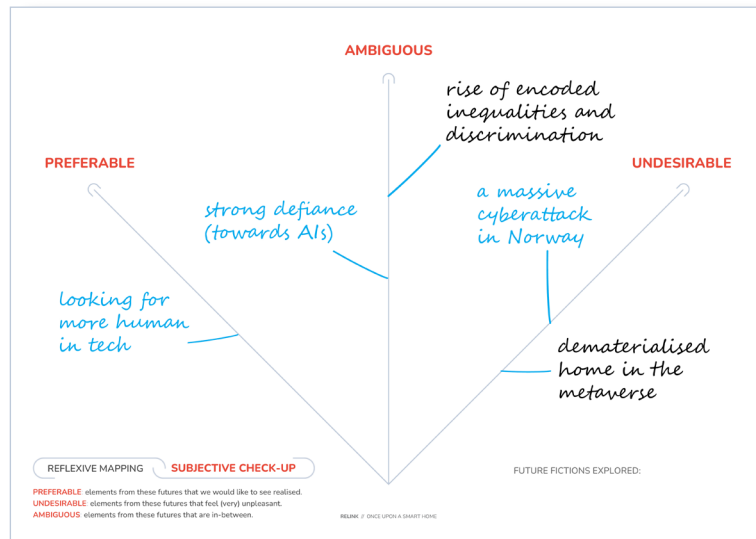


5. REFLECT ON YOUR EXPLORATION

5 to 10 min



Example of a *Subjective check-up* activity

As you explore the different futures of smart homes, between each fiction, take a moment to reflect on what you have discovered.

Choose among the three reflective mapping activities that can be done individually or in groups:

Subjective check-up: Map which elements from the fiction seem preferable, undesirable, or somewhere in between, according to you.

Consequences matrix: Identify the future societal, political, and cultural consequences implied by the scenario, whether positive or negative.

My takeaway: List what particularly stood out to you as a current user of digital products or a future professional working on smart technologies.



ONCE UPON A SMART HOME

Explore the applications and implications of near future household smartification!

You will discover a series of **FUTURE FICTIONS** that invite you to dive into different possible and plausible futures for smart homes.

These scenarios intentionally narrate strange-but-mundane transformations and disruptions in everyday life due to the uses and misuses of smart home technologies.

The goal of this speculative exploration is to encourage you to think about how you would evolve and adapt in each depicted future. You will also be encouraged to change your perspective and imagine how you would be impacted by the situation if you were someone else.

Last but not least, a return to the present will help you consider actionable ideas that could be developed to manage the ongoing smartification.

START YOUR EXPLORATION >

1. DISCOVER THE FUTURE FICTION

5 min



Before starting, make sure to designate someone from your group to keep time and take notes.

Next, read the **FUTURE FICTION** to discover the stakes at play in this future.

Take a moment to discuss within your group whether you find this future – or certain aspects of it – preferable or undesirable.

2. IMAGINE YOUR FUTURE DAILY LIFE

20 min



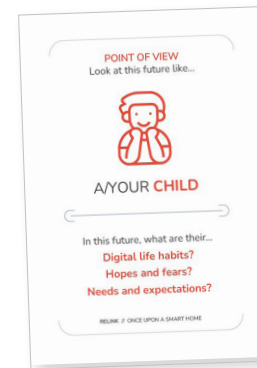
**How would your daily life look in this future?
How would you adapt to or resist this situation?**

After having read the fiction, you are encouraged to use your imagination to expand on the future depicted in the scenario:

- How would you evolve in this new context as a citizen, a user, or a professional?
- Think about your potential new life in terms of applications (new products, services, jobs, habits, or hobbies) and implications (issues and consequences on your personal or professional life, as well as your hopes and fears) generated by the future world highlighted in the scenario.

3. SWITCH YOUR POINT OF VIEW

15 min



How might another stakeholder or member of the public, whether a tech user or not, evolve in this same future?

Use the **POINT OF VIEW CARDS** to switch your perspective and consider this future from another angle. This empathy exercise allows you to rethink the risks and opportunities posed by this future world and to better understand the needs, uses, and expectations of other household members.

4. GET PREPARED TODAY

10 min



What can you do today to prepare yourself and your household for this future?

Now, it is time to return to the present! Flip the **FUTURE FICTION** to discover the scenario backstage: a selection of actual signals and trends that inspired this future scenario, making it a plausible and relevant perspective.

Take a moment to think about your current habits, uses, and needs, and consider what you could do to anticipate or prevent this future, at your level.