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Roadmap with actions

RTDP,170821

A child wearing a dark jacket and a blue and yellow "Old Skool" cap is riding a skateboard down a paved road. The scene is set at sunset or sunrise, with a warm, orange glow in the sky. A thought bubble is positioned above the child, containing text.

Become a recognized
researcher in health literacy
research in children,
adolescents and parents

Long-term goals (10 years)

Long-term goals (10 yr) ▼	When ▼	Description ▼
Personal development		I have advanced competency in health literacy (HL) and health-related quality of life (QoL) research and theory.
Networking		A national HL network with members consisting of researchers across institutions in Norway is established. The network has done important collaborative work in psychometrics and intervention studies. I collaborate with national and European partners in large HL projects. Together with national collaborators we have established QoL normdata (for Kidscreen) and introduced PROM in pediatric primary care (child health centers and school health service).
Fund raising and project development		Together with fellow researchers I have successfully achieved research funding from major external funders for HL and QoL projects.
Publication		I have published several HL papers in high impact journals, some of which have disrupted the scientific field of health literacy.
Supervision		I have supervised 10 PhD students, and some of these have been offered permanent employment at OsloMet and are among my close co-workers.

Short-term goals (20-21)

Short-term goals 20-21	When	What
Personal development		I am a more confident researcher: I have increased knowledge in qualitative methodology, psychometrics and statistical modelling and I am more familiar with grant application procedures.
Networking		I have identified researchers in the area of health literacy, initiated cooperation and participated in establishing a national HL research network. I lead projects on HL and engage in research groups on HL/self-management and PPC. I co-author several papers on relevant topics.
Fund raising and project development		I have received funding for HL project(s).
Publication		I have published 3 papers on HL (2 as first author) and 10 other papers.
Supervision		I am engaged as PhD supervisor for 4 PhD candidates in HL and PPC.

Actions

Actions 2020/2021	When	Description	Resources/comments	Status	Cost
Personal development	05.11.2020-09.11.2020	Attend a PhD-course in qualitative methods	https://www.oslomet.no/en/study/hv/qualitative-methods-phvit	Completed	
Personal development		Follow a digital lecture on SEM	https://www.youtube.com/watch?v=Flqbo8J3li4	Planned	
Personal development	Continously	Update my CV		Ongoing	
Networking and collaborations	22.09.2020	Establish collaboration with national mentor (Prof. Astrid K. Wahl)		Confirmed and ongoing	
Networking and collaborations	05.10.2020	Arrange for a meeting with an international capacity (Acc.prof Olli Paakkari)		Completed	
Networking and collaborations	13.08.2020	Join SELMA research group (UiO)		Confirmed	
Networking and collaborations	01.06.2020	Join MUSK reserach group (OsloMet)		Confirmed	
Networking and collaborations	10.02.2021	Arrange a network meeting for researchers interested i HL in young people		Completed	
Networking and collaborations	Spring 2021	Participate in establishing a national HL reserach network	Planned October 2021, invitations issued	Ongoing	
Networking and collaborations	Spring 2021	Initiate a project to validate HL-instruments for parents	Team established	Ongoing	
Networking and collaborations	Spring 2021	Initiate a project to translate and validate HL-instruments for adolescents	Team established, first meeting 1st of June	Ongoing	
Networking and collaborations	03.08.21-05.08.21	Attend an international conference on HL	http://www.ihlasummit2021.org/ (virtual conference)	Will attend	?
Networking and collaborations	Continously	LIVSFORSK	Board member	Ongoing	
Networking and collaborations	Continously	Starting Right (UIA)		Ongoing	
Networking and collaborations	Continously	HEYoung		Ongoing	
Networking and collaborations	Continously	CHIP Children in Palliative Care		Ongoing	
Fund raising and project development	17.08.2020	Attend ERC-online course	https://enspire.science/blog-preview/	Completed	
Fund raising and project development	01.09.2020	Submit application: MUSKHEL -musculoskeletal health literacy in adolescents	Pl. External funding: Fysiofondet	Completed, Accepted	
Fund raising and project development	15.12.2020	Submit application: PHL-Health literacy in parents of young children	Pl. Internal fudning: Faculty of Health Sciences	Completed, Rejected	
Fund raising and project development	15.02.2021	Submit application: PHL-Health literacy in parents of young children/ Helsekompetanse hos småbarnsforeldre (skissesøknad)	Pl. External funding: DAM	Completed, Rejected	
Fund raising and project development	01.10.2020-01.05.2021	Plan and complete a follow-up for the Health liteacy in adolescents during the pandemic (HeLP)-study	Pl.	Completed	
Fund raising and project development		Plan and lead a project to validate HLQ-parent in the general population	With AKW, KH, TW, SH + Helseoversikt?	Ongoing	
Fund raising and project development	01.08.2021-01.08.2025	CHIP homeTec	Collaborator. External funding: NFR	Completed, Accepted	
Fund raising and project development	12.05.2021	Clinical Research Center for Health Literacy (HealthLit Center)	Collaborator WP6. External funding: NFR (Lovisenberg DH)	Completed, Submitted	
Publication	28.08.2020	Adolescents' pandemic related health literacy and QoL (HeLP) -cross sectional	First author	Published	
Publication	23.05.2021	Adolescents' pandemic related health literacy and QoL (HeLP) -qualitative	First author	Submitted	
Publication	01.08.2021	QoL and fear of COVID-19 in 2600 nursing students -a cross sectional study	Co-author (LIVSFORSK)	Accepted	
Publication	28.05.2021	Fysioterapeutstudenters smittefrykt, livskvalitet og bekymring for praksis Cov19	Last author	Published	
Publication		ASQ gross motor skills in Norwegian children	Last author	Ongoing	
Publication	03.05.2021	The ability of the ASQ to indicate motor difficulties in infants in primary care	Co-author	Accepted	
Publication		PROM in pediatric palliative care -a scoping reivew	Co-author	Ongoing	
Publication		HPCs understanding of the concept PPC	Co-author	Ongoing	
Publication		Stories in pediatric palliative care	First author	Planned	
Publication		Children`s experiences of physical activity play in the after-school program	Second author	Ongoing	
Publication		Reserach-based teaching in health profession education -a scoping review	First author	Ongoing	
Supervision	01.09.2020	PhD student Anders LH Haugen: "Critical health literacy"	Co-supervisor	Ongoing	
Supervision	01.02 2021	PhD-student Wiebke Hofers: "Spinal Cord Injury in the Pediatric Population"	Co-supervisor	Ongoing	
Supervision	01.06.2021	PhD-student Solveig Veshovda "MUSKHEL"	Main supervisor	Ongoing	
Supervision	01.08.2021	PhD-student Juduth Schröder "CHIP homeTec"	Co-supervisor	Starting 01.09.2021	
Supervision	23.04.2021-24.04.2021	Course in PhD-supervision	https://www.oslomet.no/studier/sps/phd-veilederkurs	Completed	
Supervision	2020-2021	Masterstudents MAFYS (6 students)		Ongoing	

Tips and tricks

- Use each other
- Use the administrative team
- Use the roadmap
- Do not hesitate to contact fellow reserachers
- Work with people you like
- Don't think you have to do it all at once

