

Rebecka Dalbye

Midwife, Associate Professor and Researcher

Faculty of Health Sciences OsloMet
Østfold Hospital Trust

My research focus is optimizing labour and birth care

- Labour progression
- Overmedicalization of labour interventions
- Unnecessary use of non-evidence-based interventions
- Anal sphincter injury
- Randomization controlled studies






Improve competence in academic and research leadership

Improve competence to lead and complete a large research project

Improve competence in supervision of PhD and master students

Extend and develop networks



To become an excellent researcher in
Midwifery
and equip myself
to take leadership in
research and academia

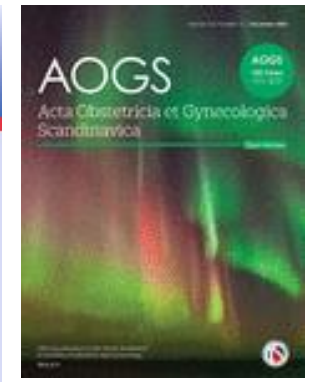
	A	B	C	D	E	F	G	H	I
10	Leadership		Longterm	Improve my leadership		Ongoing			
11	Leadership		Shortterm	Attend leadership course		completed			
12	Leadership		Shortterm	Attend research group leadership course		completed			
13	Leadership		Longterm	Be course leader of PhD cours		will attend			
14	Leadership		Shortterm	Coordinator of the Master program		ongoing			
15	Leadership		Longterm	Lead the Reseach group Kvinne og barns helse at OsloMet		will attend			
16	Leadership		Longterm	Take a position in Universitet syrelsen		will attend			
17	Leadership		Longterm	Take a position in Fakultatsstyret		will attend			
18	Supervision		Shortterm	Attend supervision courses		completed			
19	Supervision	2021-2024	Shortterm	Anne Engstrø, NTNU. Childbirth experience and breastfeeding in women with polycystic ovary syndrome project	co-supervisor				Ongoing
20	Supervision	2021-2026		Kristin Jerve, OsloMet. Intrapartum fetal monitoring in low-risk women and trends in risk status project					completed
21	Supervision	2023-2027	Longterm	Julia Trevor, OsloMet. Long-term PostB					completed
22	Supervision	2024-2027	Longterm						will attend
23	Supervision	2024-2027							ongoing
24	Supervision								will attend
	Leadership		Longterm	Improve my leadership					
	Leadership		Shortterm	Attend leadership course					
	Leadership		Shortterm	Attend research group leadership course					
	Leadership		Longterm	Be course leader of PhD program					
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	Supervision	2024-2027	Longterm						will attend
	Supervision	2024-2027							ongoing
	Supervision								will attend
				project regarding overmedicalization		published			
				Initiate a project regarding personalized labour progression guidelines		completed			
				To be a keynote speaker/invited speaker		ongoing			
				Participate in the national review of claims reported to Norwegian Patient Injury Compensation		ongoing			
						completed/ongoing			
						ongoing			

Networking

Time	Where	Topic
April 2023	XIV The International Labour and Birth Research Conference, Grange - UK	Established and developed the Nordic overmedicalization network
September 2023	Workshop stay in Reykjavik - Island	Organize workshop for the Nordic overmedicalization network
October 2023	7 th European Midwifery Association Education Conference in Athens - Greece	To further collaborate with European countries regarding Midwifery education



Publications 2023



Title	Journal	Author	Status
Childbirth experiences in women with polycystic ovary syndrome: a cohort study	Acta Obstet Gynecol Scand Impact Factor: 4.3	Co-author	Submitted
Do women with PCOS have shorter exclusive breastfeeding and/or shorter total duration of breastfeeding compared to women w/o PCOS?		Co-author	Ongoing
Birth without obstetric intervention or major complications in the Nordic countries'	European Journal of Midwifery Impact Factor: 1.9	Co-author	Ongoing
Which sociodemographic and clinical factors influence childbirth experience and how? An analysis of the Labour Progression Study (LaPS) cohort	Acta Obstet Gynecol Scand Impact Factor: 4.3	Last author	Ongoing
Association of oxytocin augmentation and duration of labour with postpartum haemorrhage: A cohort study of nulliparous women	Midwifery Impact Factor: 2.7	Last author	Published

Presentations 2023

Time	Where	Title
May 2023	Invited speaker: <i>Research days at Østfold Hospital Trust</i>	Success factors- From application to a clinical project
May 2023	Invited Speaker: Karolinska Institute, BB Stockholm	Medicalization in obstetric care. Fewer interventions and better results, is it possible?
October 2023	<i>XXIV The International Federation of Gynecology and Obstetrics (FIGO), Paris</i>	The use of oxytocin augmentation during labor following Zhang's guideline and the WHO partograph in a cluster randomized trial
October 2023	Invited guest: Podcast Norse care	'Din perfekte fødsel: Hvilken rolle spiller jordmor?' https://static1.squarespace.com/static/63bc097b524d6d6ff1f335bc/t/6538c98c2b8de94f78586217/1698220483876/Din+perfekte+f%C3%B8dsel+-+jordmors+rolle.mp3
November 2023	Invited Speaker: <i>De 35. norske Perinataldager 2023, Lillehammer</i>	Maternal BMI and risk of obstetric, maternal and neonatal outcomes. A cohort of nulliparous women.



Applications and Grants

Time	Project and my role	Call	Status	Status
February 2023	The Norwegian WHO Labour Care Guide trial: a stepped wedge multicentre cluster randomised trial. Project manager, PI	Norwegian Research Council	4.9 million (In total 14.0 million)	Granted
September 2023	Long-term PostPartum Anal incontinence project -qualitative project. Project manager, PI	Helse Sør Øst	3.9 mill	Under review
October 2023	Long-term PostPartum Anal incontinence project -qualitative project. Project manager, PI	PhD fellowships, 2024 OsloMet	A 100 % PhD candidate position for three years	Under review
October 2023	Long-term PostPartum Anal incontinence project -qualitative project. Project manager, PI	PhD fellowship, Sykehuset Østfold	3.9 million	Under review
May 2024	Overmedicalization in labour - epidural	Norwegian Research Council	One PhD	Ongoing
Oktober 2024	Individualized labour progression curves	ERC	Two-three Phd	Ongoing

343448: The Norwegian WHO Labour Care Guide trial: a stepped wedge multicentre cluster randomised trial for safety and wellbeing in labour

Prosjektleder	Rebecka Dalbye
Administrativt ansvarlig	Waleed Ghanima
Aktivitet:	KVINNEHELSE
Prosjektansvarlig	SYKEHUSET ØSTFOLD HF
Prosjektperiode:	31.10.2023 - 31.12.2027
Fase:	Bevilgning
Kontaktperson:	Terje Rabbersvik

Disse prosjektene får finansiering

Institusjon	Prosjekt	Innstilt beløp	Kommune	Fylke
Oslo universitets-sykehus	Optimizing treatment for children and adolescents with juvenile idiopathic arthritis in sustained remission: The MyJIA-Ahead trial	11 millioner kroner	Oslo	Oslo
NASJONALT KUNNSKAPSENTER OM VOLD OG TRAUMATISK STRESS AS	Responding to Mental Health Problems in Victims of Sexual Assault	11 millioner kroner	Oslo	Oslo
Helse Fonna HF	Dementia with Lewy bodies in women: combating misdiagnosis through sex-specific biomarkers of disease risk and progression	11 millioner kroner	Haugesund	Rogaland
UiB	Impaired microcirculation and tissue hypoxia as a possible mechanism in ME/CFS	11 millioner kroner	Bergen	Vestland
Sykehuset Østfold	The Norwegian WHO Labour Care Guide trial: a stepped wedge multicentre cluster randomised trial for safety and wellbeing in labour	4,9 millioner kroner	Sarpsborg	Viken
NORLANDS-SYKEHUSET HF	Explaining the gender difference in sickness absence and testing the efficacy of a clinical intervention to promote return to work in women	11 millioner kroner	Bodø	Nordland

Project

Time	Project	Collaboration	Role	
2023-2027	The Norwegian WHO Labour Care Guide trial: a stepped wedge multicentre cluster randomised trial for safety and wellbeing in labour.	Østfold Hospital Trust OsloMet LSTM, UK WHO Laerdal Medical Ten hospital across Norway	Project Manager, PI	Ongoing
2023-	Nordic network regarding over- and under-medicalization	OsloMet Karolinska Institutett Aarhus University University of Island	Project Manager	Ongoing
2023-2027	Long-term PostPartum Anal incontinence project	OsloMet Østfold Hospital Trust NTNU HIØ	Co-worker Supervisor	Ongoing
2019-2026	Intrapartum fetal monitoring in low-risk women and trends in risk status project	OsloMet OUS	Co-worker Supervisor	Ongoing
2024-	National review of claims reported to Norwegian Patient Injury Compensation	OsloMet Norwegian Patient Injury Compensation	Co-worker	Ongoing



World Health Organization



Laerdal
helping save lives



Karolinska Institutet



Time	Phd students	
2021-2024	Anne Engtrø	Co-supervising
NTNU	Childbirth experience and breastfeeding in women with polycystic ovary syndrome project	
2022-2025	Julia Trevor	Co-supervising
OsloMet	LOPPA: Long-term PostPartum Anal incontinence project	
2021-2025	Kristin Jerve Aanstad	Main supervisor from 2024
OsloMet	Intrapartum fetal monitoring in low-risk women and trends in risk status project	
2024-2027	Unknown yet	
OsloMet	The Norwegian WHO Labour Care Guide trial: a stepped wedge multicentre cluster randomised trial	Main supervisor
2024-2027	Unknown yet	
OsloMet	The Norwegian WHO Labour Care Guide trial: a stepped wedge multicentre cluster randomised trial	Co-supervisor



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Fleksibel - Struktur

Strengt konfidensielt
 Dato: 16 Sep. 2022
 Kandidat: 16770
 Alder: 59

Fleksibel og tilpasningsdyktig, forholder meg til situasjoner som de utfolder seg. Foretrekker å ikke bli begrenset av systemer, planer, regler og prosedyrer. Komfortabel i dynamiske og uforutsigbare situasjoner.

Kræver og foretrekker at systemer, planer, regler og prosedyrer er på plass og serger for at de blir fulgt. Skeptisk til å endre planer og utfordre etablerte regler og prosedyrer, selv i situasjoner der det kunne vært gunstig å tilpasse seg.

Jeg foretrekker å være fri og fleksibel, ta ting på sparket og bestemme fortløpende hva vi gjør når. Jeg er komfortabel med uforutsigbare situasjoner. Det kan være greit å ha en grov plan, så lenge jeg ikke er bundet av den. Jeg foretrekker at vi har og for det meste følger regler og prosedyrer som styrer hvordan vi jobber. Avhengig av hvor viktig det er å ha orden og system kan jeg velge å bruke tid på rydding og systematisering, eller prioritere det jeg mener er viktigere å gjøre, og vente med å rydde til det er tid til det.

Kaon **Ta på sparket** Velge selv Forandre planer Uordning Utfordre regler Uformell **Fleksibel** I siste liten Tilpasningsdyktig Forvarmt Fri

Systematisk Perfeksjonisme Orden Kontroll Rasjonalitet Ryddig Regler Planfull Grundig **Struktur** Strenge krav Godt forberedt Regal Prosedyrer Punktlig

De fleste bruker for mye tid og krefter på å planlegge, og er for lite fleksible og villige til å revurdere planer selv om forutsetningene har endret seg. Mange er for fleksible og villige til å se bort fra regler og prosedyrer. Noen har mer orden på ting enn meg, mens andre er mer roterte enn meg.

De fleste synes at jeg bruker for mye tid og krefter på å planlegge, og er for lite fleksible og villige til å se bort fra regler og prosedyrer. Noen synes at jeg har mer enn nok orden, struktur og kontroll. Noen synes at jeg har for lite orden, struktur og kontroll.

OSLOMET

Research Talent Development Program

excellent research, research career, development

Aim for the moon. If you miss, you might hit a star.

W. Clement Stone



- strategy to move on and prioritizing time and activities
- scientific networking
- building self-confidence
- motivating for a future research career
- increase interest in contribution to OsloMet regarding educational development and curriculums

Thank you for this year!

